



Explorations Unlimited

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Recursos para Educadores para Cocinar con los Niños Pequeños

Appleton, Julie, Nadine McCrea and Carla Patterson. Do Carrots Make You See Better: A Guide to Food and Nutrition in Early Childhood Programs. Beltsville, MD: Gryphon House, 2001. ISBN: 0-87659-264-7.

Colker, Laura J. The Cooking Book: Fostering Young Children's Learning and Delight. Washington, DC: National Association for the Education of Young Children, 2005. ISBN: 1-928896-20-0.

Ibarren, Elena. Las Recetas de Misisa Elena. Caracas, Venezuela: Ediciones Ekaré, 1993. ISBN 980-257-105-7.

Kalich, Karrie, Dottie Bauer and Deidre McPartlin. Early Sprouts: Cultivating Healthy Food Choices in Young Children. Redleaf Press, 2009. ISBN 978-1933653-72-3.

Moore, Carolyn E., PhD, RD, Mimi Kerr and Robert Shulman, MD. Young Chef's Nutrition Guide and Cookbook. Hauppauge, NY, 1990. ISBN: 0-8120-5789-9. (especially appropriate for school-age children; available in the CLAN library system; out-of-print but available on e-bay and other on-line sources.)

Sneasby, Anne y Jill Scott. Traducido por Ana M.^a Pérez Martínez. Cocina san para bebés y niños pequeños. Barcelona: Ediciones Elfos, S.L., 1999. ISBN 84-88990-97-9.

Ravaioli, Laura. Traducido por italiano por Anna M.^a Gil. Barcelona: Ediciones Hyma, 1995. ISBN 84-7183-612-2

Veitch, Beverly and Thelma Harms. Cook and Learn: Pictorial Single Portion Recipes: A Child's Cook Book, revised and enlarged edition. Reading, MA: Addison-Wesley Publishing Company, 1976/1981. ISBN: 0-201-09424-X (available in the Childspan Library; out-of-print but available on-line through Amazon and other on-line sources.)

